

BASIC TRAINING

— 3 different options

January **29-31** '27

February **4-7** '27

March **12-14** '27

with

Ina Meyer-Stoll
& Achim Ecker

Long-term teachers of
ZEGG-Forum at ZEGG
Community (DE)



The Netherlands
Uelenspieghel, Uffelte



ZEGG- FORUM

DEEPENING COMMUNITY — DEEPENING OUR HEART

IN ORDER TO MAKE THIS TRAINING HAPPEN, WE ASK YOU TO **APPLY BEFORE SEPTEMBER 21ST**

BASIC TRAINING – Jan29-31/Feb4-7/Mar12-14 2027

The Netherlands – Uelenspieghel, Uffelte

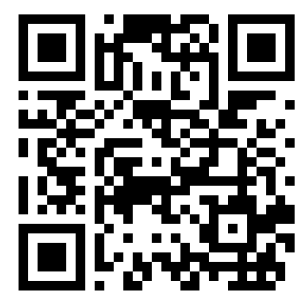
ZEGG- FORUM?

Forum means "I want to know who you really are" — and the decision to follow your inner love. It is a communication process that fosters cooperation, empathy, and real contact. One person at a time stands in the center and makes visible what is alive within them: emotions, experiences, insights — not just spoken, but felt and expressed through body and presence.

The group's attention and mindful facilitation create a space where deeper layers of humanity become tangible: our true motives, our feelings, our longing for connection.

Through this, new perspectives emerge — for the individual and for the group as a whole.

Forum is more than a technique. It is a culture-building process rooted in human and ethical values.

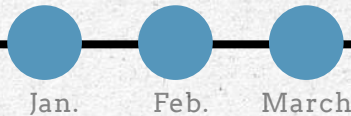


more about forum
zeg-forum.org/en

BASIC TRAINING – Jan29-31/Feb4-7/Mar12-14 **2027**

The Netherlands – Uelenspieghel, Uffelte

3 different options



continuation in half-year training



What you will experience in this training

This 3/4-day immersive course offers a deep introduction to the ZEGG-Forum process — its background, cultural philosophy, and view of humanity.

You will explore:

- How Forum works as a powerful tool for personal and collective transformation
- Creating real trust and transparency within a group
- Deep listening, authentic sharing, and embodied presence
- Feelings as positive social forces that create genuine connection
- Giving and receiving both supportive and challenging feedback
- The foundational themes of love and partnership: moving toward a love that wants to give rather than take
- How shared values emerge from this process and can guide a group

Methods: Forum, Teachings, Meditation, Body Awareness, Improvisation, Small groups. All levels of experience welcome.

Language: **English**



THE PATH FORWARD

Transfor(u)m Facilitation Training

16+ days — May-October 2027

The Netherlands – Uelenspieghel, Uffelte

intro training (3 options)

4-day

6-day

supervised
practice period

6-day

May

June

Summer
2027

Oct.

The basic training is the first step in Transfor(u)m — a half-year program developed at ZEGG for those who want to learn Forum facilitation. Rooted in decades of lived community experience, the training combines Forum practice with elements from a wide range of processes and theories supporting conscious community.

The program continues with advanced modules:

- **Training 1** (4 days) — 19–23 May'27: Community building and lived experience
- **Training 2** (6 days) — 22–27 June'27: Learning to hold Forum
- **Forum practice period** with supervision between modules
- **Training 3** (6 days) — 12–17 October'27: Final integration and networking



Ready to dive deep and experience the magic of real community? Come and train with Ina and Achim in this intimate, transformative journey.

PRICING

To promote accessibility and fairness we created a sliding scale for the price of the course material. The location is fixed price (all-inclusive lodging and meals). **More info** on the [training's webpage](#).

	sponsored ticket	standard ticket	sponsor ticket	lodge +food	course fee
3-DAY TRAINING Jan.29-31/Feb.5-7'27	€ 535,-	€ 615,-	€ 710,-	€ 360,-	+ € 175-350,-
4-DAY TRAINING Mar.11-14 2027	€ 720,-	€ 845,-	€ 965,-	€ 475,-	+ € 245-490,-

Please inform for options if subsidised tickets are above your means.

Our location, De Uelenspieghel is a small community in Uffelte, Drenthe, hosting retreats and creative gatherings for many decades. Located next to the Holtingerveld, you can easily find owls and deer cross your path.



IN ORDER TO MAKE THIS TRAINING HAPPEN, WE ASK YOU TO **APPLY BEFORE SEPTEMBER 21ST**

BASIC TRAINING – Jan29-31/Feb4-7/Mar12-14 **2027**

The Netherlands – Uelenspieghel, Uffelte

Ready to begin? Join us for this transformative journey into real community, authentic communication, and deeper self-knowledge. Places are limited — secure your spot for the Basic training and take the first step on a path that could change the way you live and work together with others.

We look forward to meeting you.



contact & info
louisse.nl/forum



ZEGG- FORUM

IN ORDER TO MAKE THIS TRAINING HAPPEN, WE ASK YOU TO **APPLY BEFORE SEPTEMBER 21ST**