Core – Ring Model
by Wilhelm Reich, augmented by Samuel Widmer

ADAPTATION
CHAMELEON
BLENDING IN

SYMPTOMS INSTEAD OF FEELINGS
NUMBNESS

IMAGINED ME

CONSUMING
ENVY
APPROXIMATING
BEING LONELY
BEING EXPOSED
UNPROTECTED

REJECTION FEELINGS

GREED
HATE

CORE
UNITY, LOVE
ESSENCE
UNIVERSAL
NO ME

INCREASING
HURT
SEEING
SELF REALIZATION

IMAGINED ME

ADAPTATION
CHAMELEON
BLENDING IN

SYMPTOMS INSTEAD OF FEELINGS
NUMBNESS

IMAGINED ME